



Footnotes

Portland Country Dance Community · September - October 2006

Weekend of Delights: The 2006 English Country Ball

by Peggy Hansen

The dance community's excitement builds as we make ready for the 14th annual Portland English Country Ball on Saturday, November 4th, at an intriguing new location: the Oaks Park Dance Pavilion. What a wonderful chance to wear your most festive attire, historical or modern, as you dance the night away at this historic Portland landmark. But wear whatever you want – just be there!

English dance differs from contra in that each dance has its own music, mainly written by composers of the 17th and 18th centuries, with some beautiful modern compositions as well. Waltzers take note: a full half hour of waltzes will be played before the country dances begin.

The caller will be Portland's own Mary Devlin, with music provided by the all-local band, Horseplay: Dave Goldman on keyboard, Fred Nussbaum on cello, Kathleen Towers on violin and Erik Weberg on wind instruments. Sound by John Oorthuys. This year, the food at the break will be self-catered, and we expect it to be excellent!

The Saturday night ball is the highlight of a weekend filled with activities. On Friday, November 3rd there will be a dance at the Fulton Community Center beginning at 7:30 PM. Admission to this event is \$8. We will dance to old favorites and greet our out-of-town guests. On Saturday, November 4th, a pre-ball workshop will be held from 12:00-2:30 PM in the Oaks Park Dance Pavilion. The workshop will include reviews of some of the dances which will be called in the evening. Then, at 7:00 PM, THE BALL!! (Waltzing begins at 7:00, country dances at 7:30.) You must pre-register for the November 4th events – no day-of-ball registrations will be accepted. On Sunday, November 5th, a potluck brunch and dance at the Sunlight Community Center (6404 SW Barnes Rd.) will begin at 10:30 AM.

This weekend is "fragrance free," so please review this topic on the English Country Ball website at <http://portlandecd.home.att.net/>.

You can learn some of the ball dances by attending the weekly Friday night English Country dances at the Burlingame Water Tower. We look forward to seeing you there!

Cost for the Saturday Ball and workshop is \$35 per person (\$30 if postmarked by October 2, 2006.) Remember, pre-registration is required. Also, this year we will be offering several work scholarships. Pick up forms at the weekly contra or English dances, from the ball website above, or e-mail Chris Mullooly for forms or details about scholarships at mullooly@comcast.net.

Move Over First Thursday, We've got...First Wednesday!

by Susan Songer

Joyride is excited to announce our sponsorship of a new, mid-week contra dance series beginning Wednesday, October 4th and every first Wednesday thereafter through June, and resuming again in the fall. The dances will be held at Polish Hall (a convenient venue right on the MAX line) which has a beautiful wood dance floor and an altogether charming ambience. Laura Mé Smith of Seattle will call our first dance. The November dance will feature caller Susan Petrick of Santa Cruz and in December, Erik Weberg will call as the band is joined by guest musician David Kaynor. Our goal is to provide Portland dancers with an all-around fun and fine experience. Look for flyers with more information at local dances, or go to our website <http://www.klueberg.com/Joyride.html> for more details. Here are the specifics:

Date: First Wednesdays, October to June

Place: Polish Hall, 3832 N. Interstate Ave, Portland

Time: 7:30-10:00 PM

Cost: \$7/\$6 students with ID

Callers: Various

Music: Joyride (Kathleen Towers, fiddle; Erik Weberg, flute and other wind instruments; Jeff Kerssen-Griep, guitar; Sue Songer, piano and fiddle)

Sound: John Oorthuys

Dancers: YOU!

After the Saturday contra dances, meet your fellow dancers at the Hillsdale Pub, 1505 SW Sunset Blvd.

It's a tradition. All welcome.

Family Dances Return

by Susan McGinn

On Saturday October 14th, Sherry Nevins will be coming from Seattle to call the first family dance of the season! Music will be Heather Pinney, George Penk, and Mick Doherty. Sherry is a fabulous caller. The family dance is from 5-7 PM at the Fulton Community Center with a potluck afterwards, and is for kids and their grownups. Adults \$6, Children \$5 (PCDC members \$5/\$4), babes-in-arms free, max \$20/family (\$15/family PCDC members). Group rates are available for 20 or more. For information call Susan at 503-231-0504 or Judith at 503-281-2888.

DANCEABLE FEAST PRESENTS: WILD ASPARAGUS
with GEORGE MARSHALL calling
and...the CREIGHTON LINDSAY BAND



You are invited to attend this exciting weekend contra dance camp, Nov. 10, 11 & 12, 2006, at Sky Camp near Eugene, OR. Camp will start Friday evening with registration and a contra dance, followed by workshops and more dances the entire weekend. **Wild Asparagus**, from New England, is one of the country's pre-eminent contra dance bands, known for their colorful, dynamic, rhythmic dance music with many stylistic influences. **George Marshall** is known for his warm personality and clear teaching and calling. **Creighton Lindsay** has been playing guitar, accordion, piano and mandolin at square, contra, cajun and zydeco dances in the Northwest for the last 30 years. **His current band (featuring Dave Plaehn on harmonica, Gary Nolde on drums and Steve Oder on bass)** will provide a variety of very danceable blues, soul and swing with heartfelt four-part harmonies. **Burke Selbst and Amy Royce** will return with more of their smooth blues and swing instruction. **Dale Kyle and Patricia Anderson** will spice up the workshop offerings with a little Salsa Rueda. **Annie Johnston** will prepare fresh and delectable meals from Friday night snack to Sunday lunch.

We will start accepting registrations postmarked Sept 11. All applications postmarked from Sept 11th through the 18th will be placed together in one lottery to fill camp and determine positions on a waiting list. Camp will be gender balanced. Applications postmarked prior to September 11, 2006 will not be accepted.

Cost:

Applications postmarked 9/11-30

adults & children over 10: \$160

children 2-10: \$90

Applications postmarked after 9/30

adults & children over 10: \$170

children 2-10: \$95

Children under 2 are free but they must be registered.



A few \$55 scholarships are available for staff assistants to make coffee/tea and help the kitchen crew. Dancers are also encouraged to ask about scholarships available from their local dance communities.

For further information contact:

Tyler: 503-452-7304, tr@pcez.com; Ellen: 541-686-2053, cantore@lanecc.edu; Donna: 541-908-4834 or 541-738-2461, donna_ranae@hotmail.com; Tom: 541-280-9223, tomzell@bendnet.com or check our website at www.danceablefeast.com

To apply:

Please **wait patiently until 9/11**, then send in this application form to: Danceable Feast c/o Ellen Cantor; 1290 W. Broadway; Eugene, OR 97402. Please make checks payable to: Danceable Feast (\$160 per adult.) Please use one application form per couple or single person.

Name(s): _____

Address: _____

Phone: _____ E-mail: _____

Gender: _____ Attending as a: single person _____ couple _____

Number of times applied to DF Camp: _____ Number of times attended: _____

Check here to be considered for a \$55 work scholarship (send payment now): _____

Vegetarian: _____ Omnivore: _____



Dance Locations

ASP	Alberta Street Pub , 1036 NE Alberta Street, Portland
BWT	Burlingame Water Tower Dance Hall , SW 17th and Marigold (between Spring Garden and Taylor's Ferry Roads)— <i>no street shoes permitted on the dance floor</i>
CCS	Cesar Chavez School , W. 14th Ave & Chambers St., Eugene
FCC	Fulton Park Community Center , 68 SW Miles (off Barbur, traffic light just east of Terwilliger)— <i>must wear shoes in this venue</i>
FirstCC	First Congregational Church , 4515 SW West Hills Road, Corvallis
KOC	Knights of Columbus Hall , 725 Shipping NE, Salem
MAC	Multnomah Arts Center , 7688 SW Capitol Hwy, Portland
NH	Norse Hall , 1111 NE Couch, Portland (one block off of Burnside)
NSB	North Star Ballroom , 635 North Killingsworth Ct., Portland (near PCC Cascade campus)
OP	Oaks Park Pavilion , SE Spokane, (in Sellwood) Portland
PH	Polish Hall , 3832 N. Interstate Ave, Portland
SCC	Sellwood Community Center , 1436 SE Spokane, Portland

Regular Portland Dances

Unless otherwise stated, all dances are open to everyone — experienced or not, with or without partners—and feature live music. All dances are taught. PCDC encourages sit-in musicians (unmiked) at regular PCDC dances at the discretion of the hired band and caller.

Regular PCDC dances cost \$9/\$7/\$6 for non-members/members/seniors & students.

PCDC Friday English Country Dance Series. Every Friday at BWT, 7:30 to 10:30 PM. Tea and cookies at the break!

The first Friday of each month is an open-mike dance for callers and open-band for those who would like to play (bring a folding chair and a music stand). Contact Paula Hamlin, 503-691-1758, for more information.

Cats & Dogs First Saturday Contra Dance. The UnLeashed! and Calico bands alternate months with guest callers. FCC, 8 PM, beginners' workshop at 7:30. \$7.

PCDC Second Saturday Family Dance (Oct-Apr) fun dancing for kids and families. FCC, 5 to 7 PM, with potluck following.

PCDC Second Saturday Contra Dance, the longest continuously running contra dance in the state. FCC, 8 PM, beginners' lesson at 7:30.



Portland Ceili Society Third

Friday Dance is 'a gathering of friends' with lively Irish music, frequently played by world famous musicians. Very aerobic dancing and a full bar are only a few of the notable features of this dance, held at PPAA. Cost \$10.

Portland Waltz Eclectic -- Waltz Brunch, 3rd Sunday of the month. Lesson 10:30 - 11:15 AM, open dancing until 2:30 PM. Norse Hall, 111 NE 11th Ave. **Also:** Weekly waltz, swing, latin, and other partner dance practice, Thursdays, 7:30 - 10 PM, Sellwood Community Center, 1436 SE Spokane. Both dance locations in Portland.

Third Saturday Contra Dance is organized by Jigsaw. FCC, 8 PM, beginners' lesson at 7:30. \$7.

PCDC Fourth Saturday Contra Dance. FCC, 8 PM, beginners' lesson at 7:30.

PCDC Fifth Saturday Contra Dance is an open-mike session for callers and musicians. FCC, 8 PM, beginners' lesson at 7:30.

Cascade Zydeco Wednesday Dance ASP, 8 PM dancing to recorded music, lesson at 7:15.

Get weekly updates about dances in the Portland area by e-mail.

Just e-mail Erik Weberg <kluberg@kluberg.com> and ask to be put on the list.

And check out PCDC's website: www.PortlandCountryDance.org

Norske Runddansere Monday Scandinavian Dance 7:30 to 10 PM at Friendship Masonic Lodge, 5626 N.E. Alameda in Portland. www.norskerunddansere.org/

Out of Town Dances

Astoria Old-Time Country Dance, at NG, 8 PM. For more info contact Dave (503-325-3602, ambrose@seasurf.com) for more info.

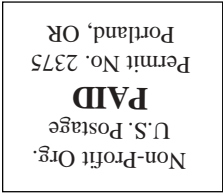
Bend 2nd Saturday Contra Dance, October through May at Highland School Kenwood Gym. For more info contact Kate (katebeardsley@hotmail.com, 541-330-8943).

Corvallis 1st & 3rd Saturday Dances. FirstCC, 8 PM. (*Bring non-street shoes.*) For more info contact Marfa (541-754-1839, zebra@peak.org).

Eugene 2nd & 4th Saturday Dances, CCS, 8 PM. Beginners' instruction at 7:30. For more info contact Jacque (541-302-2628, jaklas@efn.org).

Hood River 2nd Saturday Dances, RG, 8 PM. For more info contact Keith (541-352-7550).

Scandia of Salem's 4th Friday Dance, KOC, 8 PM. For more info contact Sharon (503-364-6713, sharonmooree@attbi.com).



RETURN SERVICE REQUESTED

Portland Country Dance Community
P.O. Box 2189
Portland, OR 97208-2189

PLEASE let us know immediately if your address changes. We get charged 39¢ for each newsletter that is returned. And worse yet, you won't get your newsletter. Please provide your old and new address to: Sue Songer, PO Box 2189, Portland, OR 97208-2189, 503-293-1446, songer@portcoll.com.

This newsletter, *Footnotes*, is published every other month. If you have a dance announcement for the newsletter, please contact the newsletter editor, or send it to PCDC, PO Box 2189, Portland, 97208-2189. Give a concise description of your event, including featured band and callers, date, time, place, cost, and phone number for further info. The information provided here is as accurate as we can make it, but late changes and/or cancellations may not be reflected. We encourage submission of letters and articles that might be of interest to the community. Letters and articles become the property of *Footnotes* on publication and may be edited. The **DEADLINE** for submissions for the next issue is the 1st of the previous month.

Portland Country Dance Community is a consortium of dancers, musicians and callers promoting country dance and music traditions through regular dances, workshops and other events. Everyone is welcome. Our interests include American, English, Celtic, Scandinavian, and related traditions, expressed

through live performance and participation. With this newsletter we hope to exchange information and share concerns about traditional music and dance. We publish the newsletter every other month and distribute it to members of PCDC and to other folk organizations. Membership is \$15 a year for individuals, \$12 for students and seniors (65+), or \$25 for households. Membership provides a \$2 discount at all regular PCDC dances, and a subscription to the newsletter. Donations in excess of membership fees are tax deductible. Correspondence may be sent to PCDC, PO Box 2189, Portland, OR 97208-2189. We are an educational nonprofit corporation and also a Center of the Country Dance and Song Society, a national organization whose address is 132 Main St./ PO Box 338, Haydenville, MA 01039-0338.

The PCDC board is an elected body of volunteers from the community. Meetings are held approximately every six weeks. Community members are welcome to attend. Help, ideas and feedback from the community, in whatever form, is necessary to make PCDC events happen. Your contributions of time and support are appreciated. Call any board member for further info.

The current PCDC board members are:

- Kim Appleberry (Volunteers/Contra).....503-293-1248
apple5@spiritone.com
- David Blanchard (Chair).....503-239-9286
davidkblanchard@msn.com
- Tim Gojio (Secretary).....253-831-0963
ggojio@yahoo.com
- Rick Kimball (Treasurer).....503-588-8713
whiteoakridge@juno.com
- Gerhardt Quast (Community Outreach).....503-671-9900
gaquast@rockwellcollins.com
- Melanie Wilson (Member-at-Large).....503-293-2233
MW@macomb.com
- Isabelle Zifcak (English).....503-257-9300
izifcak@quik.com

Mailing list & membership: Sue Songer
503-293-1446 or songer@portcoll.com

Contra dance booking: Gordy Euler
503-289-8669 or euleromi@pacifier.com

English country dancing: Paula Hamlin
503-691-1758 or phamlin@easystreet.com

Family dance: Susan McGinn
503-231-0504 or web3cools@hotmail.com

Footnotes editor: Laurel Thomas
newsletter@portlandcountrydance.org

CALENDAR • September-October 2006

www.PortlandCountryDance.org • www.kluberg.com/folknews.html

Note: Unless otherwise noted all contra dances begin at 7:30 P.M. with a 30 minute teaching session and all English Country dances begin at 7:30 P.M.

Sept

Sept 1-2	No English or contra dancing due to Northwest Passage Dance Camp		
8th Fri	PCDC English Country Dance at BWT	Caller: Elinor Preson	Music: Fred Nussbaum, Marjorie Millner, TBA
9th Sat	PCDC Contra Dance at FCC	Caller: Marilee Karr	Music: Wild Hair
9th Sat	Eugene Contra Dance at CCS	Caller: William Watson	Music: The Nettles
11th Mon	Norske Runddansere: Scandinavian dancing to CD music every Mon. 7-10 PM at FML, \$3, lesson at 7:30		
14th Thu	Waltz Eclectic: waltzing to CD music every Thurs. 7:30-10 PM at SCC, \$4/\$7 if live band, lesson 1st & 3rd Thurs.		
15th Fri	PCDC English Country Dance at BWT	Caller: Brad Foster	Music: Horseplay
16th Sat	Third Saturday Contra Dance at FCC	Caller: Joseph Pimental	Music: Jigsaw
16th Sat	Corvallis Contra Dance at FirstCC	Caller: Rich Goss	Music: Shoofly
22nd Fri	PCDC English Country Dance at BWT	Caller: Mary Devlin	Music: Paula Hamlin, Fred Nussbaum, Carl Thor
23rd Sat	PCDC Contra Dance at FCC	Caller: Tim Gojio	Music: Cascade Crossing
23rd Sat	Eugene Contra Dance at CCS	Caller: Woody Lane	Music: The Barnstormers
29th Fri	PCDC English Country Dance at BWT	Caller: Nan Evans	Music: Fred Nussbaum, George Penk, Karen Axelrod
30th Sat	PCDC Fifth Sat. Contra at FCC	Open mike w/ Marlin Prowell	Music: Dan Compton, Fran Slefer

Oct

4th Wed	Joyride First Wed. Contra at PH	Caller: Laura Me Smith	Music: Joyride
6th Fri	PCDC English Country Dance at BWT	Open mike w/ Nan Evans	Music: Open mike w/ Fred Nussbaum & Marjorie Millner
7th Sat	Cats & Dogs Contra Dance at FCC	Caller: Woody Lane	Music: Unleashed!
7th Sat	Corvallis Contra Dance at FirstCC	Caller: William Watson	Music: TBA
13th Fri	PCDC English Country Dance at BWT	Caller: TBA	Music: Lori Shaffer, Kathleen Towers, Dave Goldman
14th Sat	PCDC Family Dance at FCC: 5-7 PM, followed by potluck	Caller: Sherry Nevins	Music: George Penk, Heather Pinney, Mick Doherty
14th Sat	PCDC Contra Dance at FCC	Caller: Sherry Nevins	Music: George Penk, Heather Pinney, Mick Doherty
14th Sat	Eugene Contra Dance at CCS	Caller: Rich Goss	Music: Pied-a-Terre
20th Fri	PCDC English Country Dance at BWT	Caller: TBA	Music: Horseplay
21st Sat	Third Saturday Contra Dance at FCC	Caller: Mike Richardson	Music: Pied-a-Terre
21st Sat	Corvallis Contra Dance at FirstCC	Caller: TBA	Music: TBA
27th Fri	PCDC English Country Dance at BWT	Caller: TBA	Music: Full Circle
28th Sat	PCDC Contra Dance at FCC	Caller: Suzanne Giradot	Music: Out of the Wood
28th Sat	Eugene Contra Dance at CCS	Caller: Sue Baker	Music: Amazon Creek

November

1st Wed	Joyride First Wed. Contra at PH	Caller: Susan Petrick	Music: Joyride
3rd Fri	PCDC Pre-Ball English Country Dance at FCC	Caller: Dave Macemon	Music: Betsy Branch, Mark Douglass, George Penk
4th Sat	PCDC English Country Ball at OP	Caller: Mary Devlin	Music: Horseplay
4th Sat	Cats & Dogs Contra Dance at FCC	Caller: Sue Baker	Music: Calico
4th Sat	Corvallis Contra Dance at FirstCC	Caller: Susan Petrick	Music: OpporTunities
8th Wed	Special PCDC Contra Dance at OP	Caller: George Marshall	Music: Wild Asparagus



July Board Minutes

submitted by Tim Gojio

The PCDC board met on 7/26. Present were: Kim Appleberry, David Blanchard, Rick Kimball, G.T. Gojio, Gerhardt Quast, Melanie Wilson, Isabelle Zifcak. The contra committee reported on upcoming dances with Wild Asparagus (Nov. '06), Moving Violations (Feb. '07) and Airdance (spring '07.) The committee will be involved in a presentation on contra dancing at the upcoming Oregon Dance Fair on Sunday, Oct. 1st. The English committee reported on the upcoming English Ball scheduled for Nov. 4th. The board reviewed financial information from the treasurer, and approved giving \$500 to the contra committee to be used for various initiatives geared towards increasing attendance at contra dances. Next meeting: 8/30.

CDSS Leadership Conference

by Susan Songer

Thank you to the many of you who have said that you are willing to help out with this event. And, it's not too late! If you have not signed on, you can still volunteer to help out. During the 3rd weekend in September (15th, 16th, and 17th), 60-80 dancers from all over the western United States will gather together to discuss issues involved in organizing, calling, and playing music for dances. They will be dancing with us on Friday and Saturday nights. If you are able to house any of these folks, contact Gerhardt at gquast@rockwellcollins.com. If you are able to supply snacks, contact Eliza at euleromi@pacifier.com. If you are able to give rides to and/or from the airport, contact Margi at rwizard@quik.com. If you would like to participate in the conference, registration forms are online at <http://www.cdss.org/leadership/wclcregform.pdf> or available at Portland contra and English dances.

Lady of the Lake Fall Music and Dance Weekend

by Kathy Bowman

Spokane Folklore Society's 26th annual Lady of the Lake Fall Music and Dance Weekend is planned for October 6-8. The camp will feature two New England style contra dance bands with very different approaches. Heathen Creek hails from the New England area and features Maia Rutman, Mark Koyama, and Pete Johannsen performing in a contemporary style with a solid foundation of rhythm and melody. The Rhythm Rollers, consisting of Bob McQuillen, Laurie Andres, and Cathie Whitesides, will provide a vintage style of New England music. Our two contra dance callers are Nils Fredland from Keene, NH and Tod Whittemore from Tucson, AZ. Expect lots of contras, singing squares, yodeling and fantastic music all weekend long. The music and dance will take place amidst the beautiful setting of Lake Coeur D'Alene, Idaho.

The cost of this wonderful weekend is \$160 which includes lodging and all meals from Friday dinner to Sunday breakfast. For information and applications, visit: www.ladyofthelake.org or e-mail contradancing@ladyofthelake.org or call Penn Fix at (509) 838-2160

Upcoming Special Events

Sept. 8-10: 11th Annual Sisters Folk Festival in Sisters, OR. A celebration of American music from blues to bluegrass, folk to jazz. And this year, throw in some Indian raga. Website: www.sistersfolkfestival.com

Sept. 15-17: Cascade Zydeco Dance Camp at Camp Howard in Sandy, OR. Live music featuring Brian Jack; beginner to advanced lessons. www.cascade-zydeco.com

Sept. 19-24: Over the Water Hurdy-Gurdy Festival & Dance at Fort Flagler State Park in Port Townsend, WA. This unique festival brings hurdy-gurdy players, builders and teachers from all over the world together for classes, concerts, jam sessions and dancing. Info at www.overthewater.com

Sept. 29-Oct. 1: Oregon Dance Fair at Norse Hall in Portland. Twelve kinds of dancing with workshops and instruction. Website: www.socialdancefair.com

Oct. 20-22: Wannadance Uptown in Seattle, WA. Contras, squares, and couples dancing with live music for three days. What could be better? Info at www.wannadance.org

Shoe Strategies

by Laurel Thomas

Now that we know all about sweat (see the July-Aug. issue of **Footnotes**) let's talk feet! If you're going to contra dance for three hours, you want your feet to be happy, so what kind of shoes should you wear? In general it is recommended that you wear clean, comfortable soft-soled or leather-soled shoes that aren't too slippery and that offer good support. When choosing a shoe for dancing, bear in mind that many venues will not allow dancers to wear street shoes on the dance floor lest dirt, small pebbles and "street grit" destroy the floor. Depending on where you dance, you may even be asked to present your shoes for inspection at the door! [I know all about this because I once had a boyfriend who got mad at me for putting the Sunday New York Times on the roof of his car. When questioned, he claimed that microscopic dust particles from the paper would scratch the finish of his car and thus ruin it! I think he lives in Connecticut now, where, I know for a fact, they don't allow dust.]

Although sneakers are a bit "grippy" on the dance floor, making it difficult to generate a smooth swing, many male dancers prefer to wear them for comfort. To make sneakers work better for dancing, the simplest strategy is to wear an older pair whose treads are a bit worn down. One gentleman came up with the idea of cutting up an old sock and slipping part of it over the toe of his left shoe. Others take their sneakers to shoe repair stores and have "Topy" rubber applied to the soles. This rubber is harder than normal treads, thus providing less friction. Or, have your cobbler (you do have a cobbler, don't you?) glue a chrome-leather (suede) sole onto the bottom of your sneaker. Other strategies include: Teva surf shoes, jazz shoes with the addition of an athletic insole and... bowling shoes. Apparently, good quality bowling shoes are as comfortable as athletic shoes but they have a partial suede sole, which makes them great for certain kinds of dancing (not waltzing though because the heels are grippy!) If you're very brave, you can dance in bare feet, but don't let my chiropractor see you, she will have a cow.