



Footnotes



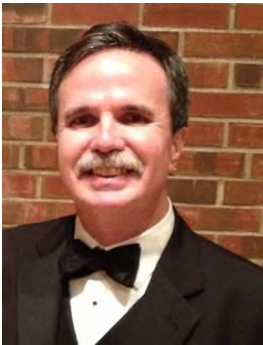
Portland Country Dance Community • September-October 2019

An Invitation to Portland's English Country Ball

By David Macemon

October 26, 2019 is the date for the 27th annual English Country Dance Ball. Yes, you read that correctly: October 26th. We have moved the Ball from November to the fourth Saturday in October starting this year and continuing in upcoming years. The Ball will be held at the lovely and spacious Oaks Park Dance Pavilion in SE Portland. Registration is \$40 per person if paid before September 15th and \$50 if paid after. Go to www.PortlandECDBall.info for all the details about registration and a listing of all the Ball-related weekend events.

We're very happy to announce that David Macemon is calling the Ball this year. David is known for his clarity in teaching and calling, as well as his easy-going manner that is welcoming to all dancers. He has been on staff at balls, dance weeks and weekends around the country and is a regular caller at the Friday night English dance.



Music will be provided by the Fine Companions, featuring Betsy Branch on fiddle, Lisa Scott on piano, Bill Tomczak on clarinet & saxophone, and Erik Weberg on flute. We are so

fortunate that they are based here in Portland!



John Oorthuys will provide expert sound reinforcement for all of the Ball weekend events.

Opportunities to become familiar with English country dance and to learn the dances on the Ball list include the weekly PCDC English dance and three special workshops. The workshops will be from 3-5 pm at A Renaissance School of Arts and Sciences in Portland on September 28th, October 5th, and October 19th. Music will be provided by members of Fine Companions. Suggested donation for each workshop is \$10.

The weekend will kick off with Ric Goldman calling our Friday night dance on October 25th to music provided by George Penk, Heather Pinney and Laura Kuhlman. This is not a Ball workshop, and everyone is welcome even if you are not attending the Ball. This year the Friday dance will be held at the Oaks Park Dance Pavilion in Portland. Admission for this dance is \$10. We're thrilled to have Oaks Park as the long-term location for the English Country Ball weekend.

[David is a member of the PCDC Board, the ECD Committee and Chair of the Ball Committee.]

ANNUAL HALLOWEEN CONTRA DANCE

Put on your favorite pumpkin head, squeeze into your 'Freudian Slip,' drape yourself with ivy or dress up as your favorite supreme court justice, but come to the PCDC contra dance on **Sat., Oct. 26th at Norse Hall** (note the change of venue!) where we contra dancers will celebrate Halloween with our traditional energy and style! Not going to the English Ball? No worries! Don your Jane Austen duds and dance the night away to the terrifyingly terrific tunes of George Penk, Heather Pinney and their friend, percussionist Steven Skolnik and his magic suitcase. Laurel Thomas will call some spooky & hair-raising dances. Prizes for best costumes, so let your creativity run wild! – Editor



Prize-winning costumes!



Feathered Caller of the Pacific NW

Radical Gratitude & the Incredible Riches of Our Dance Community

By Lindsey Grayzel

I recently read an article about radical gratitude written by a friend whom I greatly admire. The premise of the article is that we can all consciously pay attention and choose to respond to life with gratitude, and that practicing gratitude deepens our sense of belonging to the world. She goes on to say that those of us who are grounded in gratitude move through the world with generosity, courage and resilience, which enables us to be active participants in healing our society and our planet. With so many big, terrifying problems to pay attention to, it's easy to forget our gratitude for the riches we have in our life. Yet perhaps the very act of acknowledging and celebrating these riches helps give us the strength to take effective measures to counter the problems we face.

A few weeks ago, on a very pleasant afternoon, I found myself at a contra dance picnic, surrounded by lovely people, delicious food and a few adorable pets whose antics kept me smiling. The conversation momentarily turned to a doom and gloom discussion about the state of the world, our society's focus on acquiring money, and the rising costs of housing in Portland. Those present agreed that a better standard for quantifying wealth would be by number and quality of dances, and that by this more sane standard we are all truly wealthy beyond measure. With this in mind, I offer my gratitude for the richness of dance, and of our dance community:

Lively rhythms, graceful flourishes,
perfectly matched weight on a long swing.

My heart pounding, the smile of a stranger, easy
laughing to flubs easily forgotten.

The elders who have kept this tradition alive
for decades.

The newcomers who bring fresh energy
to old traditions.

A flourish-fiend who slows and smiles while dancing
with someone who is frail, or a beginner.

Volunteers who stack chairs, sweep floors, run dances
and book talent.

Talent who share their gifts for our joy.

You, and every member of our dance community.



Photo by Laurel Thomas

What are you grateful for on the dance floor?

[Lindsey is a member of PCDC's Contra Committee.]

Nurturing the Love of Dance: PCDC's Family Dance Series

By David Macemon

Questions I often hear, and ask, as I am dancing with a partner I've just met are: "How long have you been dancing?", "When did you fall in love with dancing?" and occasionally I'll pose the question: "Do you wish you had found dancing earlier in your life?"



Photo by Coral Breuer

In my travels I've met dancers in their 30's whose first memories include attending family dances. Wouldn't it be amazing to have always been dancing? At many events, they are with their children, and often their parents. What a great gift from generation to generation.

Here in Portland we have an opportunity to introduce dancing to children, young people and dancers of all ages at the PCDC Family Dance series that runs on second Saturdays from October to April, excepting December. Just like at all PCDC dances, there is a caller who teaches appropriate dances to the multi-generational group, and of course, amazing live music!

If you have children, grandchildren, neighbors with kids, school and community groups you work with or interact with, consider sharing your love of dance and encourage attendance at one of our family dances. Or come by yourself and enjoy the company of these enthusiastic and sometimes bouncy dancers.

It really is a joy to participate in an event where you can see dancers of all ages enjoying themselves and spreading the tradition of dance.

If you have questions, please feel free to contact me at macemondavid@gmail.com. If you'd like to help with the family dance, there are many volunteer opportunities, please let me know.

PCDC Family Dances are held at Fulton Community Center, from 4:30-6:30 pm. Cost of attendance is: \$6 per adult and \$5 per child, with a \$20 maximum per family.

Next dance: October 12th. Bring your friends!

[David is the PCDC Board's Family Dance Rep. as well as a member of the ECD and Ball Sub-committees.]

Board Meeting Summaries

Submitted by Ric Goldman

June 18, 2019. Present: Ric Goldman, Rich Goss, Noah Grunzweig, Marianne O'Doherty, Sue Songer.

General: Minutes were approved; action items were reviewed and updated. A letter of thanks has been sent to Ed Lohr for his years of service as PCDC bookkeeper, and the board welcomed Ann Nokes as the new bookkeeper. The search continues for a new treasurer.

Fulton Piano Repair: The board received a status report on the piano at Fulton Community Center, which PCDC owns, and approved a \$450 expenditure to repair it.

Chair: Suggestions and feedback on potential PCDC logos have gone to the respective artists.

Secretary: We're in the process of renewing our liability and D & O (Directors & Officers) insurance policies for the upcoming year.

ECD: The committee reviewed the community band event which was an artistic success, but not a financial one. That said, it's a worthwhile investment in the community and will continue, with plans for better advertising and fundraising. Some behavior concerns were discussed and follow-up actions decided upon. A proposal to move the second Sunday advanced English dance to avoid Megaband rehearsal conflicts, was discussed but ultimately rejected for now.

Contra: The committee's contra dance survey was discussed. The dance's financial tally sheet is being revamped for submission to the treasurer for review. The July 6th dance will be taken on as a PCDC event with gender-neutral calling.

Northwest Passage: The schedule is done and details are being finalized with staff, whose input has helped provide some great new and different kinds of workshops for everyone. One staff member is looking to do some outreach while in town and may want help finding contacts.

Grants: Thirteen grants have been submitted since May. Ten were approved and three rejected in keeping with the new grants policy.

Family Dance: Booking for next year's series should be done by the end of June. Once complete we will reach out to the dance's regular attendees to ask for marketing and committee assistance.

Membership: Numbers are down compared to last year, but up from December 2018.

July 16, 2019. Present: Christine Appleberry, Ric Goldman, Rich Goss, Noah Grunzweig, David Macemon, Sara Munz, Marianne O'Doherty, Jaydra Perfetti, Sue Songer. Guest: Kim Appleberry.

PCDC Picnic: Task assignments and logistics were discussed for the upcoming picnic. We expect a much better turnout this year, with no outside camp conflict. Christine offered to coordinate volunteers for the event.

Raindance Paperwork: The board came up with a plan to fix some anomalies in the Oregon business listing for the Raindance weekend so that the listing correctly reflects the fact that Raindance is under the PCDC non-profit umbrella. We will make sure our bank account paperwork reflects this as well. In addition, the Raindance charter will be revised, with special appreciation included for Kim Appleberry's efforts.

Publicity and Membership: We now have a mock-up for the new marketing piece. The board provided a number of ideas to include for content. We still appear to be on track for delivery by the end of August/beginning of September.

Website: A request to allow the online membership form to accept multiple email addresses was accepted for implementation.

Logos: We hope to have feedback on these by the next meeting.

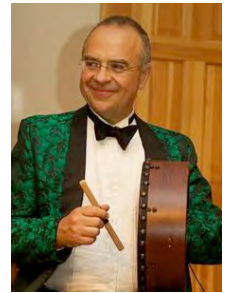
[Next board meetings: August 20, September 17.]

PCDC is online at
www.PortlandCountryDance.org
and on Facebook as "Portland Country
Dance Community."

New Urban Dance Weekend Comes to Portland!

Submitted by George Marshall

Wild Asparagus, in coordination with PCDC, is hosting a new dance weekend in Portland. The first "Rose City Dance-A-Rama" will take place November 15-17, 2019 at Norse Hall. **Wild Asparagus** (David Cantieni on winds; Becky Tracy on fiddle; Ann Percival on keyboard, guitar, uke and vocals; Mark Murphy on bass and vocals; Mark Hellenberg on percussion; and George Marshall on concertina, bodhran and calls) will be joined by **The Faux Paws** who are Noah VanNorstrand on fiddle and foot percussion, Chris Miller on sax and banjo and Owen Marshall on guitar and foot percussion. **Lisa Greenleaf** and **George Marshall** will share calling responsibilities. The weekend will include lots of contra dancing, some squares, some waltzing and a Gospel Sing on Sunday morning. Dancing starts on Friday evening, and continues throughout the weekend, culminating in a Sunday evening dance (free for Dance-A-Rama participants) that will be open to the public. Cost is \$170 per person; \$100 for 30 and under. To register and for more information, please visit www.DanceARama.org



☆ Syncopaths ☆ The Dam Beavers ☆ Seth Tepfer ☆ Jacqui Grennan ☆

Cascade Contrás Dance Weekend

October 18-20

All inclusive camp, no gender balancing. Five delicious gourmet meals plus snacks. Dancing, jamming and workshops. Camping or shared cabins at Sky Camp near Eugene. Go to www.eugenefolklore.org/CascadeContras to register. A few spots still available!



Calendar • September-October 2019



Note: Unless otherwise noted all contra dances begin at 7:30 pm with a 30 minute teaching session, and end at 11. All English country dances begin at 7:30 pm and end at 10:30. All dances feature live music.

September

Date	Dance	Caller	Music
4th Wed.	First Wednesday Contra at PH, 7:30-10 pm	William Watson	Joyride (George Penk, Sue Songer, Jeff Kerssen-Griep, Erik Weberg)
6th Fri.	PCDC English Country Dance at BWT	Andrea Nettleton	Rich Scher, Erica Libert, Erik Weberg
7th Sat.	First Saturday Contra at FCC	Gordy Euler	UnLeashed! (Jocelyn Goodall, Rick Piel, Eliza Romick, Rick Macquoid)
13th Fri.	Contra in the 'Couve at HDG, 8-10:30 pm	Carol Piening	The Thyme Travelers (Jennifer Sordyl, Don Berg, Norman Farrell)
13th Fri.	PCDC English Country Dance at BWT	Ric Goldman	Damsel (Sue Songer, Lori Shaffer, Sarah Goss)
14th Sat.	PCDC Contra Dance at FCC	Janet Grove	Golden (Jesse Ball, Everest Whitman, Audrey Knuth)
20th Fri.	PCDC English Country Dance at BWT	Laura Hatch	Austen City Limits (Carl Thor, Brooke Bubna, Laura Kuhlman, Alan Rutherford)
20th Fri.	Hillsboro Contra Dance at OFL, 7-10 pm	Rich Goss	TBA
21st Sat.	Third Saturday Contra Dance at FCC	Laurel Thomas	Jigsaw (George Penk, Heather Pinney, Dan Compton)
27th Fri.	PCDC English Country Dance at BWT	David Macemon	Lisa Scott, Leslie Hirsch, Linda Danielson
28th Sat.	PCDC Contra Dance at FCC	Woody Lane	Treehouse (Bo Leyden, Sharon Ame, Ben Young, Rachel Young, Kevin Craven)

October

Date	Dance	Caller	Music
2nd Wed.	First Wednesday Contra at PH, 7:30-10 pm	Jeremy Korr	Joyride
4th Fri.	PCDC English Country Dance at BWT	Erik Weberg	Community band w/ Laura Kuhlman, Lisa Scott, Betsy Branch
5th Sat.	First Saturday Contra Dance at FCC	Jesse Partridge	The Stage Crew (Sue Songer, Lanny Martin, Lori Shaffer)
11th Fri.	PCDC English Country Dance at BWT	Cynthia Stenger	Rich Scher, Jon Neff, Lori Shaffer, Sean Nolan
11th Fri.	Contra in the 'Couve at HDG, 8-10:30 pm	Gordy Euler	Hands4 (Keith Moe, Rich Goss, Fran Tewksbury, Carl Thor)
12th Sat.	PCDC Family Dance at FCC, 4:30-6:30 pm	Stephanie Noll	TBA
12th Sat.	PCDC Contra Dance at FCC	Suzanne Girardot	Riffraff (Lindon Toney, Jesse Partridge, Dante Faulk, River Scheuerell)
13th Sun.	PCDC Advanced ECD at RS, 3-5 pm	David Macemon	Betsy Branch, Lisa Scott, Erik Weberg
18th Fri.	PCDC English Country Dance at BWT	David Macemon	Lisa Scott, Leslie Hirsch, Erik Weberg
18th Fri.	Hillsboro Contra Dance at OFL, 7-10 pm	TBA	Bandwidth (Keith Moe, Gordy Euler, Carl Thor)
19th Sat.	Third Saturday Contra Dance at FCC	Carol Piening	The BFD (Betsy Branch, Fran Slef, Dan Compton)
25th Fri.	PCDC English Country Dance at OP	Ric Goldman	Heather Pinney, George Penk, Laura Kuhlman
26th Sat.	PCDC Halloween Contra Dance at Norse Hall	Laurel Thomas	George Penk, Heather Pinney, Steven Skolnik
26th Sat.	Portland English Country Ball at OP, 7-11 pm; <i>pre-registration required!</i>	David Macemon	Fine Companions (Betsy Branch, Lisa Scott, Bill Tomczak, Erik Weberg)

BWT	Burlingame Water Tower Dance Hall, 8936 SW 17th Ave, Portland • <i>No street shoes permitted on the dance floor.</i>
FCC	Fulton Community Center, 68 SW Miles St. (off Barbur Blvd.), Portland • <i>Dance shoes recommended.</i>
HDG	Hazel Dell Grange, 7509 NE Hazel Dell Ave, Vancouver, WA
NH	Norse Hall, 111 NE 11th Ave, Portland
OFL	Odd Fellows Lodge, 267 E. Main St., Hillsboro, OR
OP	Oaks Park Pavilion, 7805 Oaks Park Way, Portland
PH	Polish Hall, 3832 N. Interstate Ave, Portland
RS	Renaissance School, 0234 SW Bancroft St. (off SW Corbett Ave), Portland • <i>No street shoes allowed in the building.</i>
St. B	St. Barnabus Episcopal Church, 2201 SW Vermont St., Portland, OR
WA	Wayfinding Academy, 8010 N Charleston Ave, Portland, OR
WHC	Waverly Heights Congregational Church, 3300 SE Woodward St., Portland
VB	Village Ballroom, 700 NE Dekum, Portland

VENUES

Regular PCDC Dances

Unless otherwise stated, all PCDC dances are open to everyone—experienced or not, with or without a partner—and feature live music. All dances are taught. PCDC encourages sit-in musicians (unmiked) at regular dances at the discretion of the hired band and caller.

Admission for regular PCDC contra dances is on a sliding scale of \$6-\$15; PCDC English country dances cost \$10 for non-members; \$8 for members; \$7 for seniors or students. *NOTE: All PCDC dance events are fragrance-free; please do not wear scented products to a dance!*

PCDC Friday English Country Dance. This traditional form of dance has been around since the 1600's and it's still thriving! The tunes are hauntingly beautiful and the dances are graceful, elegant, and best of all, fun and easy to learn! Tea and cookies at the break. BWT, 7:30-10:30 pm.



PCDC Second Saturday Family Dance. Fun dancing for kids and families, October-April at FCC, 4:30-6:30 pm. Cost: \$6/adults; \$5/kids; \$20/family max. For information contact macemondavid@gmail.com.

PCDC Second Saturday Contra Dance. The longest continuously running contra dance in the state. Anyone can learn to contra dance! FCC, 8-11 pm, beginners' lesson at 7:30.

PCDC Fourth Saturday Contra Dance. FCC, 8-11 pm, beginners' lesson at 7:30.

PCDC Fifth Saturday Contra Dance. An open-mike session for callers and musicians. FCC, 8-11 pm, lesson at 7:30 pm. Arrive early to sign up for a calling slot and/or to set up your instrument on stage.

PCDC Second Sunday Advanced ECD. More challenging dances, with focus on style & technique for experienced dancers. Oct-July at RS, 3-5 pm. Cost: \$10.

Other Portland Area Contra Dances

First Wednesday Contra Dance is organized by the band *Joyride* from Sept-June at PH, 7:30-10 pm with guest callers. No lesson; please do not wear scented products. Cost: \$8/\$7 students w/ ID.

Contra in the 'Couve! is on 2nd Fridays at HDG in Vancouver, WA, 8-10:30 pm; lesson at 7:30. 10 miles north of downtown Portland! Cost: sliding scale \$6-\$15.

Hillsboro Contra Dance is on 3rd Fridays at OFL, 7:30-10 pm, lesson at 7.

Cost: \$8-\$12 sliding scale; \$7 for seniors, \$5 for students, under 12 free.

First Saturday Contra Dance: The *UnLeashed!* and *Stage Crew* bands alternate months with guest callers at FCC, 8-11 pm with a beginners' lesson at 7:30. Cost: sliding scale \$6-\$15

Third Saturday Contra Dance: The bands *Jigsaw* and *The BFD* alternate months with guest callers at FCC, 8-11 pm; lesson at 7:30. Cost: sliding scale \$6-\$15.

More Portland Dances

Norske Runddansere: Scandinavian Folk Dancing (including the Hambo) to recorded & live music. Mondays at Nordia House, 7-10 pm, \$5, all welcome.

Monday Waltz: Couples dancing to recorded music at WHC, 8:30-10:30 pm,

lesson at 8. Cost: \$8. Contact eric at smoothwaltz dot com.

PDX Squares 3rd Sundays, Sept-May at VB with live music and caller, 7-10 pm, \$7-\$15.

Third Friday Céilí: Irish dancing w/ live

Out of Town Dances

Ashland: 3rd Saturdays, Sept.-May at The Grove in Ashland. Info at: www.socontra.org

Bend: 2nd Saturdays, Oct.-April at Pine Forest Grange. Info at: www.bendcontradance.org

Coos Bay: 1st & 5th Sat. Oct-May at Bay Area Senior Center, 7 pm. Info at: www.southcoastfolksociety.com

Corvallis: 1st & 3rd Saturdays, Sept.-June at Gatton Hall, 8-11 pm. Info at: www.corvallisfolklore.org

Eugene: 2nd & 4th Saturdays, Sept.-June at Dunn School, 7:30-10:30 pm. Info at: www.eugenefolklore.org

Hood River: 2nd Saturdays, Oct.-June at Rockford Grange, 7 pm; family friendly. For more info: www.communitygorge.net

Olympia: 1st, 2nd, 4th Saturdays, 7:30-10:30 pm, at the South Bay Grange in Lacey, WA. Info at: www.olympiadance.org

Seattle: English country on Fri. & Sun.; contra on Thurs., Fri., Sat. Info at: www.seattledance.org

Tacoma: 3rd Saturdays, 7:30-10:30 pm, at Christ Church Wells Hall. Info at: www.tacomacontradance.org

PDX Contra Remix: Gender free contra to recorded music of the funky, slinky variety with a driving beat – and live caller – on most 2nd Sundays, Sept-May at WA, 6:30-10 pm. Cost: \$5-\$15.

music at St. B, 8-11 pm, lesson at 7:45. Cost: \$12/\$8 students & members.

Kyklos International Folk Dance at Reed College, Sun. 7-9:45 pm. European, Israeli and American line, set and couple dances. Newcomers welcome, \$2.

Portland Country Dance Community

P.O. Box 2189

Portland, OR 97208-2189

RETURN SERVICE REQUESTED

PCDC Board Members

Chair: Rich Goss (rich at richgoss.com)

Treasurer: Jaydra Perfetti (jaydralin at gmail.com)

Secretary: Ric Goldman (letsdance at rgoldman.org)

Member-At-Large: Noah Grunzweig
(grunzwei at gmail.com)

Contra Committee Rep: Marianne O'Doherty
(marianneodoherty at gmail.com)

English Country Dance Committee Rep: Sara Munz
(sara.v.munz at gmail.com)

Raindance Committee Rep: Christine Appleberry
(ceappleberry at yahoo.com)

Northwest Passage Committee Rep: Sue Songer
(songer at portcoll.com)

Family Dance Coordinator: David Macemon
(macemondavid at gmail.com)

Other Major PCDC Volunteers

Contra Committee Chair: William Watson
(williamcallscontras at gmail.com)

English Country Dance Committee Chair: Susan Gere
(susangere at gmail.com)

Contra dance booker: Gordy Euler
(euleromi at pacifier.com)

English dance caller booker: Erik Weberg
(erik at erikweberg.com)

English dance music booker: Laura Kuhlman
(shawm1550 at gmail.com)

Raindance Committee Chair: Kim Appleberry
(pdxapple at comcast.net)

Northwest Passage Committee Chair: Ethel Gullette
(effieg47 at gmail.com)

Newsletter Editor: Laurel Thomas
(laureland3 at yahoo.com)

PLEASE let us know immediately if your address changes. We get charged 59¢ for each returned newsletter. And worse yet, you won't get your newsletter. Please provide your old and new address to: Jon at JonNeff dot net, or call 503-893-2102. You can also opt to receive your newsletter electronically.

This newsletter, *Footnotes*, is published every other month beginning with the January-February issue. Dance-related announcements, events, articles or photos are welcome and can be submitted to the editor at: Laureland3 at yahoo.com. The information provided herein is as accurate as possible, however last minute changes and/or cancellations may not be reflected. Check the online version of *Footnotes* and the PCDC website for more up-to-date information. We encourage the submission of letters and articles that might be of interest to the community. All such materials become the property of *Footnotes* upon submission and may be edited. The copy **DEADLINE** for any given issue is the *12th of the previous month*. E.g. the deadline for the Jan-Feb issue is Dec. 12.

Portland Country Dance Community (PCDC) is a consortium of dancers, musicians and callers promoting country dance and music traditions through regular dances, workshops and other events. Everyone is welcome. Our interests include American, English, Scandinavian, Celtic, and related traditions, expressed through live performance and participation. With this newsletter we hope to exchange information and share concerns about traditional music and dance.

Membership in PCDC is \$15 per year for individuals, \$12 for students and seniors (65+), \$25 for households and \$20 for senior households. Membership provides a subscription to the newsletter, either by regular mail or electronically, and eligibility for PCDC grants. Donations in excess of membership fees are tax deductible. Please send membership renewals to: PCDC Membership, 3600 SW Beaverton Hillsdale Hwy. #10, Portland, OR 97221. PCDC is an educational non-profit corporation and an affiliate of the Country Dance and Song Society (CDSS), a national organization headquartered in MA.

The **PCDC Board** is an elected body of volunteers from the community. Board meetings are held approximately monthly. Community members are welcome to attend. Help, ideas and feedback from the community, in whatever form, is necessary to make PCDC events happen. Your contributions of time and support are appreciated. Contact any board member for further information via email or write to PCDC at: PO Box 2189, Portland, OR 97208-2189.